

FUNDING ROUTES AT A GLANCE

Which route fits, what it covers and who starts it.

Route	Covers	What it gives	Who starts it
WorkCover WA	Work injuries	Approved treatment for the claimed injury	GP certificate of capacity, claim form, insurer approval
ICWA	Motor vehicle injuries	Approved treatment	Claim with the Insurance Commission of WA
GP Chronic Condition Management Plan	Conditions lasting 6+ months, e.g. persistent pain, endometriosis, diabetes, osteoarthritis	Medicare rebate on up to 5 allied health visits per calendar year, including Exercise Physiology	GP at their MyMedicare practice or usual GP
Type 2 diabetes group services	Type 2 diabetes, with a care plan	Medicare rebate on 1 assessment plus up to 8 group sessions a year	GP
Endometriosis Management Plan	Suspected or confirmed endometriosis, chronic pelvic pain	Structured GP plan (RACGP, 2026), used alongside a care plan	GP
Mental Health Treatment Plan	Diagnosed mental health conditions	Medicare rebate on up to 10 individual psychology sessions a year	Usual GP or MyMedicare practice
Private health extras	Depends on level of cover	Part rebate on Exercise Physiology sessions	No referral needed
Community programs	Mental health, diabetes, cancer, arthritis	Government or charity funded, no cost to attend: Medicare Mental Health Centres (1800 595 212), Diabetes WA (1300 001 880), Cancer Council WA, Arthritis WA	Self-referral

GOOD TO KNOW

A WorkCover claim covers the work injury only. Other health conditions can be supported at the same time through the GP, so they don't slow recovery.

NOT SURE WHICH FITS?

Use the triage tool on our Recovery Hub, or call us and we'll help you work it out.

Rules and rebates change. Checked October 2026. Confirm eligibility with the GP, insurer or Medicare.

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General information only, not a substitute for advice from a health professional.